



# 2010 Sport Development Grant Application Form



**NOTE: APPLICANT MUST BE A MEMBER OF SPORT OAKVILLE  
Please complete all fields of information**

**Application due March 26, 2010:**

SPORT OAKVILLE Development Grant Review Committee  
Town of Oakville, c/o Department of Recreation & Culture  
Box 310, 1225 Trafalgar Road, ON L6J 5A6

**Contact:**

Sandy Segeren  
905-815-6160 or email at

## SECTION A – Applicant Information

**Name of Organization:** Oakville Minor Sports Group

**Date:** January 21, 2010

**Mailing Address:**

**Application Submitted by:** Applicant

**Position:** Head Coach

**Contact (if different):**

**Position:**

**Telephone (Day):** (905)555-5555

**(Eve):** (905)555-5555

**(Fax)**

**Email:** xyz@oakvilleminorsport.com

**Description of Organization and Mandate.**

Oakville Minor Sport is a not-for-profit organization serving Oakville's Athletes. It offers year-round training programs which are geared to helping all the member athletes to achieve their own personal goals. While it is primarily geared to youth athletes, no individual regardless of age, gender or ability level is ever denied access to membership.

Oakville Minor Sport is committed to long term athlete development and a full progression from fundamentals to elite training. In addition, it provides a positive training environment in all aspects and disciplines of the sport, for every athlete involved.

Please note that this application has 3 parts.

## SECTION B – Project/Program Description – Example for Coaching Training

### PART 1

**Project/Program Title:** NCCP Coaching Certification

**Targeted Participants (age, gender, other):** Two female coach currently engaged in Practical training tasks, is to receive additional certification training to achieve a level 2 NCCP coaching certification. All member athletes will benefit.

**Projected # of Participants** 2

**Length/Frequency of Program** Programs are held over 3 days at dates designated by the Governing Organization.

**Qualifications of Instructors/Coaches :** NCCP Qualified instructors at NCCP Courses

**Project/Program Partners:** Governing Body/ NCCP

**Goals & Objectives (include planning milestones, if applicable; sustainability; how participants will remain active and involved)**

NCCP Coaching Certification for additional female coaches whose presence will enhance program delivery and provide additional certified coaching expertise to the organization as it expands. The addition of female coaches will provide female leadership within the club, and will also empower female participants as role models. Increased certified coaching staff, will ensure sustainability of the programs, and adequate athlete to coach ratio, during training and at events.

Timelines are to be determined subject to the finalization of the Governing Body's NCCP training schedule for 20XX which has yet to be determined. It is anticipated that the Coaches should both attain their certification during the period of the courses as they are offered, following which the coaches will commence mentored coaching at regular club training sessions and at competitive events as they occur.

**SECTION B – Project/Program Description - Example for one-time equipment acquisition**

**PART 2**

**Project/Program Title:** Acquire three (3) 400g Javelins

**Targeted Participants (age, gender, other):** Minor athletes, in the Bantam age division

**Projected # of Participants** Minor /Bantam club members

**Length/Frequency of Program:** One time purchase for ongoing utilization in training and competition

**Qualifications of Instructors/Coaches :** Head coach is certified to coach throws events

**Project/Program Partners:** none

**Goals & Objectives (include planning milestones, if applicable; sustainability; how participants will remain active and involved)**

Athletics Canada has introduced new guidelines for weights for Javelin for Bantam Athletes. Till 2008, the weight of javelins was set in the technical specifications, at a minimum of 600g. In 2008, the new 400g weight for Bantam male and female athletes was introduced.

The club wishes to purchase 3 competition quality javelins that conform to IAAF standards, so that bantam athletes can participate in javelin throw events. While training javelins may be less expensive, they do not conform with IAAF Standards, which are a requirement for competition use.

**SECTION B – Project/Program Description - Sample of one time equipment purchase demonstrating sustainability**

**PART 3**

**Project/Program Title:** Acquire two (2) Stopwatches with printout/ computer interface capability

**Targeted Participants (age, gender, other):** All member athletes will benefit.

**Projected # of Participants** All Club members

**Length/Frequency of Program:** One time purchase for ongoing utilization

**Qualifications of Instructors/Coaches :** N/A

**Project/Program Partners:**

**Goals & Objectives (include planning milestones, if applicable; sustainability; how participants will remain active and involved)**

The club is hoping to hold a Competition Event in Late August or in September each year as its principle fund raising event, to raise funds for ongoing initiatives and program development and to support funding for athletes who qualify for provincial, national or international events.

In order to properly run an Governing Body Sanctioned Competition Event, the club requires a stopwatch with split finish timing, which has either printout or computer interface capability. The stop watch must have 100<sup>th</sup> of a second timing capability. Renting such equipment for an event is costly, and without this equipment, accurate result timing cannot be performed and the event cannot be sanctioned.

By purchasing the equipment, it will also be available for ongoing use during training, for accurate split and lap timing during training, and training record keeping for multiple athletes as they train. This will benefit every athlete as they progress through the club's fitness training programs.

SECTION C – Project/Program Budget			
REVENUE SOURCES		EXPENSES	
Description	Amount \$	Description	Amount \$
<p><b>Revenue:</b> Club Membership fees form the primary budget revenue for operating costs and are determined by membership numbers.</p> <p>Entry fees from planned Competition Event meet to be held in August, projected at \$10 per entrant, with approximately 120 entrants anticipated</p> <p>Club fundraising events/opportunities such as the Oakville Waterfront Festival, car washes etc.</p> <p><b>Sponsorship:</b> "The Sport Store"- Sponsorship to cover awards at Competition Event</p> <p><b>In-Kind Donations:</b> Nil</p> <p><b>Other Grants Requested &amp; Received:</b> Nil</p>	<p>\$xxxx based on 2009 membership #'s</p> <p>\$1200</p> <p>\$500.00</p>	<p><b>Part 1</b> Two (2) Ontario NCCP Courses, to be held at:</p> <ul style="list-style-type: none"> <li>University of Western Ontario: Sport Coach 1 (formerly Sport Coach Technical 1)</li> <li>Sport Coach 2 to be held in Ottawa</li> </ul> <p>The Sport Coach course incorporates the relevant sports generic, theoretical aspects of Introduction to Competition Module A (Sport). Level 2 courses include technical course work in different aspects of the sport. Certification is granted following completion course work and assignments and where appropriate, event group specialization modules. Courses cost \$160 per course or \$150 for currently registered coaches courses Included in the fees are: Sport Coach Reference Guide, Workbooks, and Technical Manuals. Club is to cover travel and accommodation costs to attend the courses</p> <p><b>Part 2</b> Three (3) 400g Competition quality Javelins that conform to IAAF competition standards.</p> <p><b>Part 3</b> Two (2) Seiko model 149 Stopwatch/printer with 100<sup>th</sup> of a second timing split and lap timing capability</p>	<p>2 x \$150= \$300</p> <p>2x\$500= \$1000 <i>(club expense)</i></p> <p>3 x \$150= \$450</p> <p>2 x \$510= \$1020</p>
<p><b>Amount Requested from Sport Development Grant Fund (maximum allowed \$3000):</b></p>			<p><b>\$ 1770</b></p>

*It is not necessary to provide a full statement of the club's operational revenues in this area but rather what club funds may have already been allocated in its budget to each/all of the projects listed in the application.– A simple statement of any other non-Development Grant funding for any of the pertinent projects will suffice.*

## SECTION D - Project/Program Evaluation

### **Describe how the success of the project/program will be evaluated**

Success of the project will be measured by:

Part 1:

Having a better athlete to coaching ratio, more athletes accompanied to meets by coaches. Increased female coaching presence helps to reduce female volunteer chaperone requirements for female sport participants.

Part 2:

Athlete participation in Bantam Javelin throw events, which cannot happen currently.

Part 3:

Successful use of the timers at the club's proposed Competition Event to be held in the fall at a date TBD.

### **What will determine this project/program to be successful?**

Part 1:

Successful completion of the courses by the female assistant club coaches.

Part 2:

Bantam athletes compete in javelin throw events at Athletics Ontario or Club- level Meets.

Part 3:

Provide timing to 100<sup>th</sup> of a second for athletes during training with durable recording of times for benchmarking purposes and individual training and goal setting purposes.

Provide timing to 100<sup>th</sup> of a second for athletes at Competition event.

### **Explain how the requested Sport Development Grant funds will positively impact your program and organization**

Part 1:

Currently there is only one fully certified coach in the club. As club numbers grow, coaching resources are being stretched and there have been times when, due to event conflicts, athletes have attended meets without a qualified coach present. In addition, more members will be able to receive supervised personalized program during training.

Having an additional qualified coach within the club will permit better athlete: coaching ratios, allowing the club to better meet the needs of its membership.

Having female coaches will, in addition, permit attendance at events where female chaperones for athletes is required.

Part 2:

The Bantam age group is the youngest age group for which javelin throw events are held. Enabling athletes to train and participate at this level will start an earlier introduction to javelin, and provide grass roots exposure to the discipline, thereby better supporting long term athlete development in the area.

Part 3:

The club funds partially fund qualified athletes to attend Provincial, National and international meets. This funding support is largely derived from fundraising activities rather than from the direct membership dues. The most lucrative fundraising for the Minor Sports Group can be derived from holding a Competition Event, where there is a high participation/entry level, while at the same time there is a lower demand on the club for volunteer involvement to run the event.

Having event timers that will permit timing to a 100<sup>th</sup> of a second, which is one requirement for an event to receive Governing Organization Event Sanction, will permit the club to hold such an event on a regular basis over time. This will provide a sustainable revenue stream for the club, in order to better fund its athletes for competitive participation.

**FOR OFFICE USE ONLY**

Date Received \_\_\_\_\_ Date Reviewed \_\_\_\_\_

Approved Amount \$ \_\_\_\_\_ Committee Chair Signature \_\_\_\_\_

Rationale \_\_\_\_\_